

Food and Nutrition Policies

Course Code	Title of Course	Credit Hours
HND-427	Food and Nutrition Policies	3(3-0)

Learning Outcomes:

Students will be able to:

- Identifying multiple food system stakeholders and how they interact in policy systems to affect the food system.
- Describing the issues facing the food system and their potential policy interventions.
- Developing an in-depth understanding of how social trends and governance approaches have both contributed to the current state of food systems.
- Understanding the issues related to environmental sustainability of farming systems.

Course Contents:

The Global food system; Emerging trends and driving forces in the food system; Introduction to food policy: definition, food policy in the global food system; Elements of public policy; Policy formulation process; Human health and nutrition policies: current world health and nutrition situation, nutrition transition, Policy Options to Improve Health and Nutrition; Food Security, Consumption, and Demand Policies: Food Consumption Analysis and policies; Policies for food production and supply; Climate Change and the Food System; Policy Options to Maintain Sustainable Use of Natural Resources; Policies to Guide Food Globalization; FAO Nutrition Policy; Pakistan maternal nutrition strategy 2022-2027; Pakistan multi-sectoral nutrition strategy; UNO Nutrition Policy; WHO Global Strategy for Food Safety 2022-2030; WHO Nutrition Policy.

Suggested Readings:

Textbook:

1. Pinstrup-Andersen, P., & Watson II, D. D. (2011). Food policy for developing countries: The role of government in global, national, and local food systems. Ithaca, NY: Cornell University Press.

Reference Books:

1. Government of Pakistan, Ministry of National Health Services, Regulations and Coordination. (2022). Pakistan Maternal Nutrition Strategy (2022–2027). Islamabad: Government of Pakistan.
2. WHO global strategy for food safety 2022–2030: towards stronger food safety systems and global cooperation.
3. World Food Programme (WFP). (2017, January 27). Nutrition Policy. Executive Board, First Regular Session, Rome, 20–23 February 2017. Rome: World Food Programme.